

Purpose Page

Chart your path for living well and making a difference



Discover Your Purpose

1. Contributions



What are my gifts/strengths?

What is my greatest strength?

2. Change



What do your strengths help others do?

What change do you want to see?

3. Purpose Statement



To use my

Greatest strength

So that

The change or impact you want to make

Define Your Core Elements

4. Physical Well-being

What is a good goal for me now?

What is my next small step?



5. Mental Well-being

What is a good goal for me now?

What is my next small step?



6. Spiritual Well-being

What is a good goal for me now?

What is my next small step?



7. Financial Well-being

What is a good goal for me now?

What is my next small step?



8. Relational Well-being

What is a good goal for me now?

What is my next small step?



Design Your Path

9. Learning and Growing

What's the next thing I need to accomplish my steps?

Physical

Mental

Spiritual

Financial

Relational



10. Habits

What daily habits do I need to start?

Physical

Mental

Spiritual

Financial

Relational

